1. Add a tally mark if you or someone in your family has asthma.
2. Add a tally mark if you live within a 2 mile radius of any large industrial fields.
3. Add a tally mark if you live within 1 mile of a freeway or any major road artery (at least 4 lanes) in your city.
4. Add a tally mark if you live within a mile of a gas station
5. Add a tally mark if you live in what is considered a “low-income neighborhood,” which is two times below the federal poverty line.
6. Add a tally mark if you depend on public transit to get around your city on a daily basis (at least up to 2 hours/day).
7. Add a tally mark if you live one mile away from a power plant, oil refinery, industrial sites, lumber site, or any waste dumping sites.
8. Remove or cross out one tally mark if you live one mile away from a grocery store or farmer’s market that carries fresh, nutritious, and affordable foods.
9. Add one tally mark if you live in a neighborhood where less than 30% of the pavements are made of either concrete or asphalt, and have little to no live green vegetation.
10. Add one tally mark if you live in a neighborhood where over 35% of the residents over the age of 14 do not speak English as their first language, and/or are not fluent in English at all.
11. Add one tally mark if you live in a neighborhood where over 50% of the residents are either under the age of 10, or over the age of 65.
12. Remove or cross out one tally mark if you have access to clean, unpolluted natural bodies of water for recreation, cultural and spiritual expression.
13. Remove or cross out one tally mark if you can drink the water that flows straight out of your tap without having to put it through some sort of filtration system.
14. **Add one tally mark if you live within five miles of a flood risk zone (near a levee, river, coast, or other).**
15. Add one tally mark if you live within 20 miles of a fire risk zone (megafire, wind-carried fire, or other)
16. Add one tally mark if you live within 20 miles of a desert or area with more dirt/sand than concrete and vegetation)
17. Add one tally mark if you live within 20 miles of a tsunami risk zone.
18. Remove or cross out one tally mark if you have an evacuation plan in the case of a natural disaster.
19. Add one tally mark if you cannot practice your traditional cultural practices because the ecosystem and environmental climates have been impacted and you are prevented from doing so
20. Remove one tally mark if you study or use climate change science that doesn’t equally value TEK
21. Remove or cross out one tally mark if you have the financial resources to pay for a 20% increase in air conditioning and/or heating bills for six months or more.
22. **Add one tally mark if your ancestors ­­­­­­­­­­­­­­­creation stories are from the land you live on**
23. Add one tally mark if your ancestors were legally hunted and killed (often for a price paid for with State funds), on the land you live on
24. Add one tally mark if it was illegal for you to pray and hold cultural ceremonies before 1958 on the land you live on
25. Add one tally mark if you know the original (traditional) names of bodies of water, mountains, trees, flora, fauna, places, etc… on the land you live on
26. Add one tally mark if your ancestors have taken care of the land you live on and have a deep, integrated and complex knowledge of how systems work and are connected
27. Add one tally mark if you cannot return to your ancestral lands because they have been flooded or “developed” by government and private institutions
28. Remove one tally mark if you do not know the original/traditional name or the name of territory/people for the land you are on
29. Remove one tally mark of you use environmental science that does not equally value TEK
30. Remove one tally mark if you work in institutions and do not advocate for TEK and are have been committed to including and advancing the Indigenous voice, leadership, and perspectives.